

ALL-LEVEL PHYSICAL EDUCATION CERTIFICATION PLAN

A GRADE OF "C" OR HIGHER MUST BE ACHIEVED IN ALL COURSES ON THE CERTIFICATION PLAN.

CONTENT AREA--29 hours

General Core--18 hours

1. _____ ESS 1301--Introduction to Exercise and Sport Sciences
2. _____ ESS 3301--Biomechanics
Prerequisite: ZOOL 2403 or equivalent
3. _____ ESS 3303--Motor Learning
4. _____ ESS 3305--Exercise Physiology
Prerequisite: ZOOL 2403 or equivalent
5. _____ ESS 3314--Life Span Motor Development
6. _____ ESS 3318--Exercise and Sport Psychology

Physical Education Teacher Core--11 hours

1. _____ PF&W _____ (1 hr.)
2. _____ PF&W _____ (1 hr.)
3. _____ PF&W _____ (1 hr.)
4. _____ ESS 2245--Practical Experiences in Physical Education (**Recommended to be taken prior to Block 2**)
Prerequisite: ESS 1301
5. _____ ESS 3345--Adapted Physical Activities
Prerequisite: ESS 2245
6. _____ ESS 4345--Assessment of Physical Performance

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- ⇒ The State of Texas does criminal background checks on all applicants for Teacher Certification.
 - ⇒ The undergraduate requirements and/or the certification requirements may change according to state regulations.

By signing below, I signify that I understand the contents of this document.

Student Signature: _____

Date: _____

Certification Advisor Signature: _____

Date: _____

Degree Advisor Signature: _____

Date: _____